# ERIN GUYETTE, PhD, LMFT

Guyette Family Guidance, PLLC 11670 Fountains Drive #200 Maple Grove, MN 55369

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#### **EDUCATION**

Ph.D. University of Minnesota-Twin Cities

Doctor of Philosophy in Family Social Science Specialization in Couple and Family Therapy

Summa cum laude

M.S. Kansas State University

Master of Science in Couple and Family Therapy

Summa cum laude

B.A. University of Minnesota-Twin Cities

Bachelor of Arts in Psychology

Completed Minor: Family Social Science

Magna cum laude

# LICENSURE/CREDENTIALS

Licensed Marriage and Family Therapist #4196 Minnesota Board of Marriage and Family Therapy

Qualified Neutral under Rule 114 in Minnesota

#### PROFESSIONAL EXPERIENCE

#### **Clinician and Private Practice Owner**

Guyette Family Guidance, PLLC, Maple Grove, MN, September 2021-present

- Established a private practice with policies and procedures to provide services to families involved in legal services and engaged in high-conflict dynamics.
- Provide therapy services to children, adults, and family systems utilizing different evidence-based and theoretical interventions based on the needs of the client(s).
- Specialize in high-conflict families in divorce, separation, or family law-related matters.
- Provide coaching services to help individuals and parents reach their goals for healthier family relationships and cooperation with legal services
- Provide alternative dispute resolution and custody evaluation services to families in the context of family law.

Guyette, Erin

• Collaborate with other professionals to coordinate services to best serve families and individuals needing mental health services or assistance in family law-related matters.

# **University Course Instructor**

University of Minnesota, St. Paul, MN, August 2023- present

- Develop course curriculum for the course entitled Alcohol and Drugs: Families and Culture to educate students on cultural norms and family systems concerning substance use and abuse.
- Facilitate a writing intensive course for junior and senior undergraduate students. This includes preparation, in-class activities, evaluation of students' work, and consultation with students outside of class.

### **Editorial Assistant**

Journal of Marital and Family Therapy, St. Paul, MN, August 2020-January 2024

- Evaluate manuscripts submitted to the Journal of Marital and Family Therapy utilizing an online submission system (ScholarOne) and communicate to submitting authors.
- Assist the Editor in Chief in processing manuscripts to prepare for publication including blinding and formatting articles to prepare for the review process.
- Respond to journal inquiries in a timely and professional manner along with working under deadlines to ensure timely action is taken on manuscripts.
- Complete other assigned tasks related to the Journal as requested by the Editor-in-Chief for facilitation and development of the journal.

# **Teaching Assistant**

University of Minnesota, St. Paul, MN, August 2021- December 2021

- Couple and Family Therapy (CFT) Program, Department of Family Social Science, College of Education and Human Development
- FSOS 5111- Introduction to Family Therapy

## **Clinical Intern**

Family Law Private Practice of Jennifer Joseph, St. Paul, MN, May 2021-September 2021

- Participated in consultations and parent sessions as part of parenting consulting and custody evaluation processes to collaborate with other professionals and provide thorough inquiries of clients' family systems to assist the main provider in child-informed decisions.
- She worked alongside family law attorney in facilitating parenting consulting meetings between coparents to make child-related decisions and provide parenting guidance.
- Completed coding procedures for child custody evaluations in families of divorce/separation or in current custody disputes.
- Conducted home visits via video technology [post-COVID] to complete custody evaluations.

### **Clinical Intern**

Lorenz Clinic, Victoria, MN, August 2020- May 2021

• Facilitate evidence-based therapy practices, primarily family systems, narrative, and self-determination approaches and interventions.

- Implement treatment plans for clients diagnosed with behavioral and mental health disorders, assessing for behavioral changes and client progress
- Focus on cases with child custody disputes and divorce transitions, refining evidence-based therapy skills on working with this population
- Consult with other professionals involved with the family system to ensure coordination of care and a systemic approach to working with families in divorce transitions.

### **Clinical Intern**

K-State Family Center, Manhattan, KS, Jan. 2019- May 2020

- Facilitate evidence-based therapy practices, primarily family systems, structural, narrative, cognitive behavioral, and emotion-focused approaches and interventions.
- Implement treatment plans for clients diagnosed with behavioral and mental health disorders, assessing for behavioral changes and client progress
- Maintain timely progress notes for all clients to ensure proper documentation of session content and progress.
- Apply feedback from Licensed Marriage and Family Therapists from over 130 hours of direct supervision.

#### **Clinical Intern**

Pawnee Mental Health Services, Manhattan, KS, July 2019- May 2020

- Provide outpatient community mental health services for families and individuals.
- Collaborate with other mental health and medical professionals on behalf of clients (including agency staff case managers, medical staff, crisis staff, and substance abuse treatment providers).
- Develop treatment plans based on a variety of presenting problems and refer clients to additional resources
- Provide consultation to the clinical team regarding diagnostic impressions, recommendations, and strategies to engage patients in health and behavior change.
- Completed 500+ hours of therapy services with individuals and families.

# **Senior RCM Representative**

Hennepin County Medical Center, Minneapolis, MN, May 2016 - July 2018

- Worked in Acute Psychiatric Services and the emergency department for mental health crises and medical emergencies, working alongside healthcare providers while patients were evaluated and treated.
- Gathered information from patients, family members, hospital clinics, government agencies, employers, third-party payors and/or medical payment programs for patient accounts.
- Oversaw Emergency Department Registration in the absence of a supervisor and training of new employees.

# **Legal Assistant**

Grandchamp and Guyette LLC, Wayzata, MN, Sept. 2015 - Jan. 2017

• Drafted legal documents pertaining to marriage dissolution and family law, meeting the requirements for the Minnesota Statute- *Chapter 518. Marriage Dissolution*.

- Ensured legal documents were processed and handled in a timely, confidential, and efficient manner in order to comply with appropriate regulations and deadlines for final court submissions.
- Prepared PowerPoint presentations for legal meetings about changes or key regulations in the Minnesota Statute- *Chapter 518. Marriage Dissolution.*

### **PUBLICATIONS**

- **Guyette, E.** & Harris, S. M., (under review) Understanding the Experiences of Parents Who Have an Estranged Relationship with their Child in the Context of Divorce or Separation: A Qualitative Study. *Journal of Marital and Family Therapy*
- **Guyette, E.,** Wilkins-Clark, Ferraro, A. J., Markham, M. S., Beckmeyer, J. J., & Brimhall, A. (2024). Bridging Parental Conflict: Findings from a parent education course developed by family therapists working with high-conflict coparents. *Journal of Contemporary Family Therapy*. https://doi.org/10.1007/s10591-024-09698-9
- **Guyette, E.** & Harris, S. M., (2024). The impact of divorce education programs on co-parental conflict: Review of programs with parent follow-up reports. Preparing for a special issue in the *Journal of Family Court Review*. <a href="https://doi.org/10.1111/fcre.12797">https://doi.org/10.1111/fcre.12797</a>
- Harris, S. M. & **Guyette**, **E.** (2024). Anticipating, avoiding, and negotiating multiple role relationships and conflicts of interest in the practice of systemic family therapy. K. Brown (Ed.) In, *The AAMFT Ethics Textbook*. Virginia: The American Association for Marriage and Family Therapy.
- Markham, M. S., DeGreeff, B., & **Guyette**, **E.** (2024). Staying connected after divorce: Adolescent child and nonresidential parent perspectives. *Family Relations*, 73(3), 2170-2192. http://doi.org/10.1111/fare.12994
- **Guyette, E. J.,** Zimmermann, M. L., Maska, L. N., Ferraro, A. J., Markham, M. S., & Hilary D. Pippert (2023) A Systematic review identifying child-focused assessment tools to improve the development and evaluation of divorce education programs, *Journal of Divorce & Remarriage*, 64(2-4), 97-113, <a href="https://doi.org/10.1080/10502556.2023.2196927">https://doi.org/10.1080/10502556.2023.2196927</a>
- Bell, N., Harris, S. M., **Guyette, E.,** Allen, S., & Roberts, K. M. (2022) Considering the roles of children and finances in the divorce decision-making process. *Journal of Divorce and Remarriage* <a href="https://doi.org/10.1080/10502556.2022.2149031">https://doi.org/10.1080/10502556.2022.2149031</a>
- Harris, S. M., & **Guyette, E.** (2022). JMFT annual report 2021. *Journal of Marital and Family Therapy*, 48, 1242-1250. https://doi-org.ezp3.lib.umn.edu/10.1111/jmft.12616
- Hubbard, A. Guyette, E., & Bartle-Haring, S. (in process) Hey Google, find a divorce lawyer near me: What Google Trends API can tell us about divorce rates across states. Journal of Marriage and Family.

- Markham, M. S., Ferraro, A. J., Russell, L. T., Beckmeyer, J. J., Zimmermann, M. L., Guyette, E., & Pippert, H. D. (2021). Lessons from the field: Developing a multisite divorce education evaluation tool. *Family Relations*, 70(5), 1657-1663. https://doi.org/10.1111/fare.12575
- Harris, S. M., & Guyette, E. (2021). JMFT annual report 2020. *Journal of Marital and Family Therapy*, 47, 999–1006. <a href="https://doi-org.ezp3.lib.umn.edu/10.1111/jmft.12557">https://doi-org.ezp3.lib.umn.edu/10.1111/jmft.12557</a>
- **Guyette, E.** & Baer, S. (2021). [Review of the book *High-conflict parenting post-separation: The making and breaking of family ties* by E. Asen & E. Morris] Pp. 166 London: Routledge, Taylor & Francis Group. 166 pp. \$128.00
- **Guyette, E.**, & Markham, M. S. (revised & resubmitted). Coparenting and divorce. In J. L. Hartenstein (Ed.), *Marriage and Divorce in America: Issues, Trends, and Controversies*.
- Markham M., & Guyette, E. (revised & resubmitted). Communication between couples in divorce. In J. L. Hartenstein (Ed.), *Marriage and Divorce in America: Issues, Trends, and Controversies*.
- **Guyette E.** (2019). Harris, Steven. In: Lebow J., Chambers A., Breunlin D. (Eds), *Encyclopedia of Couple and Family Therapy*. Springer, Cham

### **PRESENTATIONS**

- **Guyette, E. J.** (2023, June) *Systematically addressing both the "in" and "out" parents in resist/refuse cases.* Workshop presented at the AFCC 60th National Conference, Los Angeles, CA.
- **Guyette, E. J.** & Jameson, J. (2023, February). Current status and literature Reflection Exploring Intervention Efforts with Families in High Conflict. Workshop presented at The Path Ahead Symposium. Phoenix, AZ.
- **Guyette, E. J.** & Harris, S. M. (2022, November) *My child hates me: Research and Recommendations on Parent-Child Estrangement.* Workshop presented at the AFCC Annual Child Symposium, Las Vegas, NV.
- **Guyette, E. J.,** & Harris, S. M. (2022, November) *Understanding the experiences of parents who have an estranged relationship with their child in the context of divorce or separation: A phenomenological study.* Poster presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.
- **Guyette, E. J.,** & Harris, S. M. (2022, November) *The impact of divorce education programs on coparental conflict: Review of programs with parent follow-up reports.* Poster presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.

- Markham, M. S., \*Wilkins-Clark, R. E., Noble, J., Thibodeau, L., **Guyette, E.,** & Ferraro, A. J. (2022, November). Introducing innovative therapeutic practices into an education program for high-conflict divorcing and separating parents: Demonstrating techniques, evaluating effectiveness, and identifying implications for the field. Workshop to be conducted at the annual meeting of the National Council on Family Relations, Minneapolis, MN.
- **Guyette, E. J.**, Markham, M. S., Topham, G. L., Troilo, J., & Beckmeyer, J. J., (2022, May) *Parental Boundary Ambiguity and its Impact on Children's Adjustment to Divorce*. Workshop presented at the AFCC 59th Annual Conference Chicago, Chicago, IL.
- Maska, L. N., Zimmermann, M. L., **Guyette, E. J.**, Markham, M. S., Ferraro, A. J., Sothers, T., & Richards, M. (2021, March). Identifying assessment tools of child-centered communication for the development and evaluation of divorce education programs. Poster presented at the annual Research Day at the Capitol. [Virtual presentation due to COVID-19]
- **Guyette, E. J.**, Markham, M. S., Topham, G. L., Troilo, J., & Beckmeyer, J. J., (2021, November) *Effect of Parental Boundary Ambiguity on Children's Adjustment to Divorce*. Paper presented at the annual meeting of the National Council on Family Relations, virtual conference.
- Markham, M. S., Ferraro, A. J., Russell, L. T., Beckmeyer, J. J., Zimmerman, M. L., **Guyette**, **E.,** & Pippert, H. D. (2021, November). Developing the Divorce Education Assessment Collaborative: Standardizing evaluation for divorce education. In M. S. Markham (Chair), Using the Divorce Education Assessment Collaborative evaluation tool to measure divorce education program effectiveness. Symposium conducted at the annual meeting of the National Council on Family Relations. [Virtual presentation due to COVID-19]
- Zimmermann, M. L., **Guyette, E.,** Maska, L., Markham, M.S., Ferraro, A. J., Pippert, H. D., & Sothers, T. (2020, November). Identifying assessment tools of child-centered communication for the development and evaluation of divorce education programs. In J. J. Beckmeyer (Chair), *Communication regarding divorce: Implications for community-based programs*. Symposium presented at the National Council on Family Relations Annual Conference.
- Zimmermann, M. L., Burns, A., **Guyette, E. J.,** & Ferraro, A. J. (2020, November). Programs that target youth adjustment and interparental conflict: A systematic review of divorce education programs. Poster presented at the annual meeting of the National Council on Family Relations. [Virtual presentation due to COVID-19]
- Guyette, E. J., Cox-Zimmerman, M. L., Ferraro, A. J., Markham, M. S., & Pippert, H. (2019, November). *Identifying assessment tools to improve the development and evaluation of divorce education programs*. Paper presented at the annual meeting of the National Council on Family Relations, Fort Worth, TX.

DeGreeff, B., Markham, M. S., & **Guyette, E. J.** (2019, November). *Benefits and barriers in nonresidential parent-child relationships: A qualitative study of both adolescent and parent perspectives.* Paper presented at the National Communication Association Annual Convention. Baltimore, Maryland.

#### **OTHER PRESENTATIONS**

- Child Development in Mediation Services Invited speaker at AFCC Mediation Training. Saint Paul, MN February 2024.
- Skills to Approaching Difficult Conversations. Invited speaker at Divorce Camp, Brainerd, MN, September 2023
- Unlocking your implicit biases: What are you bringing to the table? Invited Panelist, AFCC-MN Chapter Annual Conference, Saint Anthony, MN, July 27, 2023,
- Parent-Child Estrangement: What is being "treated" in resist-refuse cases? Invited Speaker, AFCC-MN Chapter, June 17, 2022.
- Working with high-conflict families as a family therapist- Guest Lecturer for FSOS 4111, St. Paul, MN, December 5, 2022
- Parent-Child Estrangement: What is being "treated" in resist-refuse cases? Invited Speaker, AFCC-MN Chapter, June 17, 2022.
- COVID-19 and mental health and relationships and self-differentiation. Invited Speaker, virtual, Ryan Companies, January 2022
- What to Know about Family Law to Inform Practice with Separating and Divorcing Families, Minnesota Association of Marriage and Family Therapy, Edina, MN, October 8, 2021
- Working with High Conflict Families Involved in Family Court, Invited Speaker, Lorenz Clinic, Victoria, MN, March 10, 2021
- Positive Reframing. Invited Speaker, K-State Speech and Hearing Center, Manhattan, KS, February 28, 2019
- Healthy Relationships. Invited Speaker, FNDH 352 Personal Wellness, Manhattan, KS, November 8, 2019

# ADDITIONAL RESEARCH EXPERIENCE

### **Divorce Education Assessment Collaborative**

Kansas State University, Manhattan, KS, Feb. 2019 - present

- Collaborating on an evaluation tool for standardizing divorce education programs across the United States.
- Reviewing current evaluation and assessment tools about divorce education topics
- Participation in meetings to discuss the development of collaborative and engaging with divorce education programs throughout the United States.

### PROFESSIONAL TRAINING

- 30-hour AAMFT-approved MFT Supervision Course
- 40-hour Family Mediation Training
- 27-hour Parenting Consulting and Parenting Time Expeditor Training

# **MEMBERSHIPS**

- American Association for Marriage and Family Therapy (AAMFT)- Ethics Textbook Authors Committee
- Minnesota Association for Marriage and Family Therapy (MAMFT)
- National Council on Family Relations (NCFR)- Divorce Education Focus Group
- Association of Family and Conciliation Court (AFCC)- Co-Chair of the Education Committee and Member of the Training Committee
- Minnesota Collaborative Law Institute