

ERIN GUYETTE, PhD, LMFT

Guyette Family Guidance, PLLC
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EDUCATION

- Ph.D. University of Minnesota-Twin Cities
Doctor of Philosophy in Family Social Science
Specialization in Couple and Family Therapy
Summa cum laude
- M.S. Kansas State University
Master of Science in Couple and Family Therapy
Summa cum laude
- B.A. University of Minnesota-Twin Cities
Bachelor of Arts in Psychology
Completed Minor: Family Social Science
Magna cum laude

LICENSURE/CREDENTIALS

Licensed Marriage and Family Therapist #4196
Minnesota Board of Marriage and Family Therapy

Qualified Neutral under Rule 114 in Minnesota

PROFESSIONAL EXPERIENCE

Evaluation, Therapy, and ADR Provider

Guyette Family Guidance, PLLC, Maple Grove, MN, September 2021-present

- Established a private practice with policies and procedures to provide services to families involved in legal services and engaged in high-conflict dynamics.
- Provide therapy services to children, adults, and family systems utilizing different evidence-based and theoretical interventions based on the needs of the client(s).
- Specialize in high-conflict families in divorce, separation, or family law-related matters.
- Provide coaching services to help individuals and parents reach their goals for healthier family relationships and cooperation with legal services
- Provide alternative dispute resolution and evaluation services to families in the context of family law.

- Collaborate with other professionals to coordinate services that best serve families and individuals requiring mental health services or assistance with family law-related matters.

Court-Involved Therapy Task Force Reporter

Association of Family Conciliation Courts, National, April 2025- present

- Appointed as a Reporter by the National President, Dr. Saini, to revise the best practice standards for court-involved therapy.
- Serve as the primary writer and documentarian for a multidisciplinary national task force dedicated to updating and revising clinical best practices for court-involved therapy.
- Synthesize complex discussions among expert legal and mental health professionals into clear, actionable guidelines.
- Collaborate with leading experts to ensure guidelines reflect current legal standards, clinical research, and ethical considerations.
- Contribute to the standardization and improvement of therapeutic practices within high-conflict family law cases and court-related clinical interventions.

University Adjunct Professor

University of Minnesota, St. Paul, MN, August 2023- present

- Develop a course curriculum for the course entitled Alcohol and Drugs: Families and Culture to educate students on cultural norms and family systems concerning substance use and abuse.
- Integrate current research and field-based experiences to enhance applied learning.
- Facilitate a writing-intensive course for junior and senior undergraduate students. This includes preparation, in-class activities, evaluation of students' work, and consultation with students outside of class.

Editorial Assistant

Journal of Marital and Family Therapy, St. Paul, MN, August 2020-January 2024

- Assist the Editor-in-Chief for the research-based Journal published by the American Association of Marriage and Family Therapy.
- Evaluate manuscripts submitted to the Journal of Marital and Family Therapy utilizing an online submission system (ScholarOne) and communicate with submitting authors.
- Assist the Editor in Chief in processing manuscripts to prepare for publication, including blinding and formatting articles to prepare for the review process.
- Respond to journal inquiries in a timely and professional manner, along with working under deadlines to ensure timely action is taken on manuscripts.
- Complete other assigned tasks related to the Journal as requested by the Editor-in-Chief for facilitation and development of the journal.

Teaching Assistant

University of Minnesota, St. Paul, MN, August 2021- December 2021

- Couple and Family Therapy (CFT) Program, Department of Family Social Science, College of Education and Human Development
- FSOS 5111- Introduction to Family Therapy

Clinical Intern

Family Law Private Practice of Jennifer Joseph, St. Paul, MN, May 2021-September 2021

- Participated in consultations and parent sessions as part of parenting consulting and custody evaluation processes to collaborate with other professionals and provide thorough inquiries of clients' family systems to assist the main provider in child-informed decisions.
- She worked alongside a family law attorney in facilitating parenting consulting meetings between coparents to make child-related decisions and provide parenting guidance.
- Completed coding procedures for child custody evaluations in families of divorce/separation or in current custody disputes.
- Conducted home visits via video technology [post-COVID] to complete custody evaluations.

Clinical Intern

Lorenz Clinic, Victoria, MN, August 2020- May 2021

- Facilitate evidence-based therapy practices, primarily family systems, narrative, and self-determination approaches and interventions.
- Implement treatment plans for clients diagnosed with behavioral and mental health disorders, assessing for behavioral changes and client progress
- Focus on cases with child custody disputes and divorce transitions, refining evidence-based therapy skills for working with this population
- Consult with other professionals involved with the family system to ensure coordination of care and a systemic approach to working with families in divorce transitions.

Clinical Intern

K-State Family Center, Manhattan, KS, Jan. 2019- May 2020

- Facilitate evidence-based therapy practices, primarily including family systems, structural, narrative, cognitive-behavioral, and emotion-focused approaches and interventions.
- Implement treatment plans for clients diagnosed with behavioral and mental health disorders, assessing for behavioral changes and client progress
- Maintain timely progress notes for all clients to ensure proper documentation of session content and progress.
- Apply feedback from Licensed Marriage and Family Therapists from over 130 hours of direct supervision.

Clinical Intern

Pawnee Mental Health Services, Manhattan, KS, July 2019- May 2020

- Provide outpatient community mental health services for families and individuals.
- Collaborate with other mental health and medical professionals on behalf of clients (including agency staff case managers, medical staff, crisis staff, and substance abuse treatment providers).
- Develop treatment plans based on a variety of presenting problems and refer clients to additional resources
- Provide consultation to the clinical team regarding diagnostic impressions, recommendations, and strategies to engage patients in health and behavior change.
- Completed 500+ hours of therapy services with individuals and families.

Senior RCM Representative

Hennepin County Medical Center, Minneapolis, MN, May 2016 - July 2018

- Worked in Acute Psychiatric Services and the emergency department for mental health crises and medical emergencies, working alongside healthcare providers while patients were evaluated and treated.
- Gathered information from patients, family members, hospital clinics, government agencies, employers, third-party payors, and/or medical payment programs for patient accounts.
- Oversaw Emergency Department Registration in the absence of a supervisor and the training of new employees.

Legal Assistant

Grandchamp and Guyette LLC, Wayzata, MN, Sept. 2015 - Jan. 2017

- Drafted legal documents pertaining to marriage dissolution and family law, meeting the requirements for the Minnesota Statute- *Chapter 518. Marriage Dissolution*.
- Ensured legal documents were processed and handled in a timely, confidential, and efficient manner in order to comply with appropriate regulations and deadlines for final court submissions.
- Prepared PowerPoint presentations for legal meetings about changes or key regulations in the Minnesota Statutes- *Chapter 518. Marriage Dissolution*.

PUBLICATIONS

Northey, W. Chang, J. **Guyette, E.** (2025). Introduction to the Special Issue on Working with High-Conflict Families in Custody Contexts: A Call to Action. *Journal of Marital and Family Therapy*. <https://doi.org/10.1111/jmft.70087>

Guyette, E. & Harris, S. M., (2025). Understanding the experiences of parents who have a strained relationship with their child in the context of divorce or separation. *Journal of Marital and Family Therapy*. <https://doi.org/10.1111/jmft.70035>

Guyette, E. (2024). Understanding therapists' beliefs, attitudes, and approaches to working with families in high conflict and involved in legal proceedings [Doctoral dissertation, University of Minnesota–Twin Cities].

Guyette, E., Wilkins-Clark, Ferraro, A. J., Markham, M. S., Beckmeyer, J. J., & Brimhall, A. (2024). Bridging Parental Conflict: Findings from a parent education course developed by family therapists working with high-conflict coparents. *Journal of Contemporary Family Therapy*. <https://doi.org/10.1007/s10591-024-09698-9>

Guyette, E. & Harris, S. M., (2024). The impact of divorce education programs on co-parental conflict: Review of programs with parent follow-up reports. Preparing for a special issue in the *Journal of Family Court Review*. <https://doi.org/10.1111/fcre.12797>

Harris, S. M. & **Guyette, E.** (2024). Anticipating, avoiding, and negotiating multiple role

relationships and conflicts of interest in the practice of systemic family therapy. K. Brown (Ed.) In, *The AAMFT Ethics Textbook*. Virginia: The American Association for Marriage and Family Therapy.

- Markham, M. S., DeGreeff, B., & **Guyette, E. (2024)**. Staying connected after divorce: Adolescent child and nonresidential parent perspectives. *Family Relations*, 73(3), 2170-2192. <http://doi.org/10.1111/fare.12994>
- Guyette, E. J.**, Zimmermann, M. L., Maska, L. N., Ferraro, A. J., Markham, M. S., & Hilary D. Pippert (2023) A Systematic review identifying child-focused assessment tools to improve the development and evaluation of divorce education programs, *Journal of Divorce & Remarriage*, 64(2-4), 97-113, <https://doi.org/10.1080/10502556.2023.2196927>
- Bell, N., Harris, S. M., **Guyette, E.**, Allen, S., & Roberts, K. M. (2022) Considering the roles of children and finances in the divorce decision-making process. *Journal of Divorce and Remarriage* <https://doi.org/10.1080/10502556.2022.2149031>
- Harris, S. M., & **Guyette, E.** (2022). JMFT annual report 2021. *Journal of Marital and Family Therapy*, 48, 1242-1250. <https://doi-org.ezp3.lib.umn.edu/10.1111/jmft.12616>
- Hubbard, A. Guyette, E., & Bartle-Haring, S. (in process) Hey Google, find a divorce lawyer near me: What Google Trends API can tell us about divorce rates across states. *Journal of Marriage and Family*.
- Markham, M. S., Ferraro, A. J., Russell, L. T., Beckmeyer, J. J., Zimmermann, M. L., Guyette, E., & Pippert, H. D. (2021). Lessons from the field: Developing a multisite divorce education evaluation tool. *Family Relations*, 70(5), 1657-1663. <https://doi.org/10.1111/fare.12575>
- Harris, S. M., & **Guyette, E.** (2021). JMFT annual report 2020. *Journal of Marital and Family Therapy*, 47, 999– 1006. <https://doi-org.ezp3.lib.umn.edu/10.1111/jmft.12557>
- Guyette, E.** & Baer, S. (2021). [Review of the book *High-conflict parenting post-separation: The making and breaking of family ties* by E. Asen & E. Morris, Pp. 166 London: Routledge, Taylor & Francis Group. 166 pp. \$128.00
- Guyette, E.** (2018). *Impact of parental boundary ambiguity on children's adjustment to divorce* (Master's thesis, Kansas State University). K-State Research Exchange. <https://krex.k-state.edu/server/api/core/bitstreams/58bc2383-74e4-4049-9842-3592640a7160/content>
- Guyette, E.**, & Markham, M. S. (2023). Coparenting and divorce. In J. L. Hartenstein (Ed.), *Marriage and Divorce in America: Issues, Trends, and Controversies*.
- Markham, M., & **Guyette, E.** (2023). Communication between couples in

divorce. In J. L. Hartenstein (Ed.), *Marriage and Divorce in America: Issues, Trends, and Controversies*.

Guyette E. (2019). Harris, Steven. In: Lebow J., Chambers A., Breunlin D. (Eds), *Encyclopedia of Couple and Family Therapy*. Springer, Cham

PRESENTATIONS & FACILITATED TRAINING

McNamara, K. Greenberg, L. & **Guyette, E.** (2025, November). Court-Involved Therapy Guidelines Task Force Town Hall. Town Hall at the AFCC Fall 2025 Virtual Conference.

Guyette, E. J. & Oudekerk, M. (2025, May). Uncharted Waters: Research Findings of Therapists in High-Conflict Divorces. Workshop at the AFCC 61st National Conference, New Orleans, LA.

Tuft, T. O'Connell, L. & **Guyette, E.** (2024, November) Social Early Neutral Evaluation Training. Training was facilitated through AFCC Minnesota. (Minneapolis, MN).

Guyette, E. J. (2024, September). Navigating the Crossfire: Therapy with Families in High-Conflict Legal Matters. Keynote speaker for COAST annual conference. Virtual Conference.

Guyette, E. J. (2024, September). I didn't sign up for this: Working with high-conflict families in legal matters. Workshop presented at the annual conference for MAMFT. St. Paul, MN

Guyette, E. J. & McGill, M. (2024, September). Your client claims their ex is a narcissist...Now what? Workshop presented at the annual conference for MAMFT. St. Paul, MN

Tuft, T. O'Connell, L. & **Guyette, E.** (2024, March) Social Early Neutral Evaluation Training. Training was facilitated through AFCC Minnesota. (Minneapolis, MN).

Ferraro, A. J., Markham, M. S., Beckmeyer, J. J., Brimhall, A. S., **Guyette, E.**, Wilkins-Clark, R. E., Noble, J., & Thibodeau, L. (2023, November). Measuring program efficacy with evolving evaluation metrics in response to the needs of high conflict families, family courts, and practitioners. In J. J. Beckmeyer (Chair), The divorce education assessment collaborative: Updates and findings using multi-program evaluation data. Symposium conducted at the National Council on Family Relations Annual Conference, Orlando, FL.

Markham, M. S., Williams, A., Rice, B., Ferraro, A. J., Russell, L. T., Wilkins-Clark, R. E., **Guyette, E.**, Noble, J., Oehme, K., Perko, A., & Thibodeau, L. (2023, November). Using qualitative evaluation data to determine what works and what else is needed in divorce education. In J. J. Beckmeyer (Chair), The divorce education assessment collaborative: Updates and findings using multi-program evaluation data. Symposium conducted at the National Council on Family Relations Annual Conference, Orlando, FL.

- Guyette, E. J.** (2023, June). *Systematically addressing both the “in” and “out” parents in resist/refuse cases*. Workshop presented at the AFCC 60th National Conference, Los Angeles, CA.
- Guyette, E. J. & Jameson, J.** (2023, February). Current status and literature Reflection Exploring Intervention Efforts with Families in High Conflict. Workshop presented at The Path Ahead Symposium. Phoenix, AZ.
- Guyette, E. J. & Harris, S. M.** (2022, November) *My Child Hates Me: Research and Recommendations on Parent-Child Estrangement*. Workshop presented at the AFCC Annual Child Symposium, Las Vegas, NV.
- Guyette, E. J., & Harris, S. M.** (2022, November). *Understanding the experiences of parents Who have an estranged relationship with their child in the context of divorce or separation: A phenomenological study*. Poster presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.
- Guyette, E. J., & Harris, S. M.** (2022, November). *The impact of divorce education programs on coparental conflict: Review of programs with parent follow-up reports*. Poster presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.
- Markham, M. S., *Wilkins-Clark, R. E., Noble, J., Thibodeau, L., **Guyette, E., & Ferraro, A. J.** (2022, November). *Introducing innovative therapeutic practices into an education program for high-conflict divorcing and separating parents: Demonstrating techniques, evaluating effectiveness, and identifying implications for the field*. Workshop conducted at the annual meeting of the National Council on Family Relations, Minneapolis, MN.
- Guyette, E. J., Markham, M. S., Topham, G. L., Troilo, J., & Beckmeyer, J. J.** (2022, May) *Parental Boundary Ambiguity and Its Impact on Children’s Adjustment to Divorce*. Workshop presented at the AFCC 59th Annual Conference, Chicago, IL.
- Maska, L. N., Zimmermann, M. L., **Guyette, E. J., Markham, M. S., Ferraro, A. J., Sothers, T., & Richards, M.** (2021, March). Identifying assessment tools of child-centered communication for the development and evaluation of divorce education programs. Poster presented at the annual Research Day at the Capitol. [Virtual presentation due to COVID-19]
- Guyette, E. J., Markham, M. S., Topham, G. L., Troilo, J., & Beckmeyer, J. J.** (2021, November) *Effect of Parental Boundary Ambiguity on Children’s Adjustment to Divorce*. Paper presented at the annual meeting of the National Council on Family Relations, virtual conference.
- Markham, M. S., Ferraro, A. J., Russell, L. T., Beckmeyer, J. J., Zimmerman, M. L., **Guyette, E., & Pippert, H. D.** (2021, November). Developing the Divorce Education Assessment Collaborative: Standardizing evaluation for divorce education. In M. S. Markham (Chair), Using the Divorce Education Assessment Collaborative evaluation tool to

measure divorce education program effectiveness. Symposium conducted at the annual meeting of the National Council on Family Relations. [Virtual presentation due to COVID-19]

Zimmermann, M. L., **Guyette, E.**, Maska, L., Markham, M.S., Ferraro, A. J., Pippert, H. D., & Sothers, T. (2020, November). Identifying assessment tools of child-centered communication for the development and evaluation of divorce education programs. In J. J. Beckmeyer (Chair), *Communication regarding divorce: Implications for community-based programs*. Symposium presented at the National Council on Family Relations Annual Conference.

Zimmermann, M. L., Burns, A., **Guyette, E. J.**, & Ferraro, A. J. (2020, November). Programs that target youth adjustment and interparental conflict: A systematic review of divorce education programs. Poster presented at the annual meeting of the National Council on Family Relations. [Virtual presentation due to COVID-19]

Guyette, E. J., Cox-Zimmerman, M. L., Ferraro, A. J., Markham, M. S., & Pippert, H. (2019, November). *Identifying assessment tools to improve the development and evaluation of divorce education programs*. Paper presented at the annual meeting of the National Council on Family Relations, Fort Worth, TX.

DeGreeff, B., Markham, M. S., & **Guyette, E. J.** (2019, November). *Benefits and barriers in Nonresidential parent-child relationships: A qualitative study of both adolescent and parent perspectives*. Paper presented at the National Communication Association Annual Convention. Baltimore, Maryland.

OTHER FACILITATED PRESENTATIONS

- Child Development in Mediation Services: Invited speaker at AFCC Mediation Training. Saint Paul, MN, February 2024.
- Skills to Approaching Difficult Conversations. Invited speaker at Divorce Camp, Brainerd, MN, September 2023
- Unlocking your implicit biases: What are you bringing to the table? Invited Panelist, AFCC-MN Chapter Annual Conference, Saint Anthony, MN, July 27, 2023,
- Parent-Child Estrangement: What is being “treated” in resist-refuse cases? Invited Speaker, AFCC-MN Chapter, June 17, 2022.
- Working with high-conflict families as a family therapist- Guest Lecturer for FSOS 4111, St. Paul, MN, December 5, 2022
- Parent-Child Estrangement: What is being “treated” in resist-refuse cases? Invited Speaker, AFCC-MN Chapter, June 17, 2022.
- COVID-19 and mental health, relationships, and self-differentiation. Invited Speaker, virtual, Ryan Companies, January 2022
- What to Know about Family Law to Inform Practice with Separating and Divorcing Families, Minnesota Association of Marriage and Family Therapy, Edina, MN, October 8, 2021
- Working with High Conflict Families Involved in Family Court, Invited Speaker, Lorenz Clinic, Victoria, MN, March 10, 2021

- Positive Reframing. Invited Speaker, K-State Speech and Hearing Center, Manhattan, KS, February 28, 2019
- Healthy Relationships. Invited Speaker, FNDH 352 Personal Wellness, Manhattan, KS, November 8, 2019

ADDITIONAL RESEARCH PROJECTS

Divorce Education Assessment Collaborative

Kansas State University, Manhattan, KS, Feb. 2019 - Jan. 2022.

- Collaborating on an evaluation tool for standardizing divorce education programs across the United States.
- Reviewing current evaluation and assessment tools for divorce education topics
- Participation in meetings to discuss the development of collaborative and engaging divorce education programs throughout the United States.

Guest Editor for Journal of Marital and Family Therapy

March 2024 - present

- Worked with a team of scholars on putting together a special issue for therapy with high-conflict families
- Engaged in the review process to ensure credible publications and criteria were met to publish in a peer-reviewed journal.

PROFESSIONAL TRAINING/CERTIFICATION OBTAINED

- AAMFT-approved MFT Supervision Course- (*Current MFT Supervisor in Training*)
- Family Mediation Training
- Parenting Consulting and Parenting Time Expeditor Training
- Parenting Plan/Custody Evaluation
- Social Early Neutral Evaluation

MEMBERSHIPS

- American Association for Marriage and Family Therapy (AAMFT)- Ethics Textbook Authors Committee
- Minnesota Association for Marriage and Family Therapy (MAMFT)
- National Council on Family Relations (NCFR)- Divorce Education Focus Group
- Association of Family and Conciliation Court (AFCC)- Co-Chair of the Education Committee and Member of the Training Committee
- Minnesota Collaborative Law Institute